

# POLICY

2017

5661  
1 of 2

First Reading November 14, 2017  
Second Reading December 13, 2017

Non-Instructional/Business  
Operations

## **SUBJECT: WELLNESS**

It is the policy of the Board of Education, pursuant to the National School Lunch Act and the Child Nutrition Act of 1966, that:

1. Nutrition education shall be integrated into the district health and physical education curricula at all academic levels consistent with the State's health and physical education standards. The curriculum shall include the following goals:
  - a. To increase students' nutritional knowledge, including, but not limited to, the benefits of healthy eating, essential nutrition, weight management, safe food preparation, handling, and storage.
  - b. To increase students' understanding of food labels, nutritional information and misinformation, as well as commercial food advertising.
2. The benefits of physical activity shall be integrated into the district physical education curriculum and health curriculum at all levels and implemented within the school on a regular basis to meet the following goals:
  - a. Time in the elementary school day for supervised recess, when appropriate.
  - b. Opportunities and encouragement for students to voluntarily participate in after school extra-curricular activities programs.
3. The district shall provide food to students in accordance with the State and Federal nutritional guidelines and will include:
  - a. A food service program that employs well prepared staff who serve appealing choices of nutritional food.
  - b. Opportunities for staff to model healthy eating habits.
  - c. A clean, safe, and enjoyable meal environment for students.
4. The school district guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of Section 10 of the Child Nutrition Act (42 USC 1779) and Section 9 (f)(1) and 17 (a) of the Richard B. Russell National School Lunch Act (42 USC 1758 (f)(1), 1776 (a) 0), as applied to school.
5. A plan for measuring implementation of this policy shall be created and monitored by the Superintendent or designee. The plan shall include the following:
  - a. Methods of reporting on program implementation.

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- b. Methods for collection and evaluation of the results of the program.
  - c. Strategies for identifying weak areas within the program and a means for improving those areas.
  - d. Means of ensuring various components of the program are integrated within the basic operation of the district and are designed to reinforce one another and present consistent messages to student learning.
6. Local wellness policies and procedures may be developed in conjunction with parents, students, representatives of the school food services program, school administration, and members of the general public.

NOTE: Refer also to Policy(ies): #5660 – School Food Service Program

Child Nutrition and WIC Reauthorization Act of 2004, PL 108-265  
Child Nutrition Act 1966, 42 USC § 1771 et seq.  
Richard B. Russell National School Lunch Act 1946, 42 USC § 1751 et seq.  
§ 504 of the Rehabilitation Act of 1973, 29 USC § 794 et seq.  
Individuals with Disabilities Education Act (IDEA), 20 USC §§ 1400-1485  
7 CFR Parts 15B, 210 and 220  
Education Law §§ 902(b), 915, 918, 1604(28), 1709(22), 1709(23) and 2503(9)(a)  
8 NYCRR §§ 200.2(b)(1) and 200.2(b)(2)  
Social Services Law § 95