

# JASPER-TROUPSBURG CSD

## NEWSLETTER

SCHOOL YEAR 2022-23  
OCTOBER 2022

### ELEMENTARY NEWS

September has flown by here at Jasper-Troupsburg Elementary. Each day our classrooms are filled with learning and enthusiasm. We have completed our iReady fall benchmark assessment for K-6 grade as well as our Aims-Web testing in grades K-2. These benchmark tests help us to place students more effectively into our Walk to Intervention groups.

Our school has welcomed my two therapy dogs who will be joining us a couple of days a week throughout the year. Pepper and Boone, both black labs, have gone through the Canine Good Citizen and the Advanced Canine Good Citizen programs and have been Board approved to be therapy dogs at Jasper-Troupsburg Elementary. They enjoy visiting classrooms and greeting every child as they walk through the doors each morning.

#### Upcoming:

October 1<sup>st</sup> – J-T Elementary, as part of Leader in Me, will be participating in our first “Day of Giving” for the year where we will be picking up trash around Troupsburg.

October 1<sup>st</sup> – The Parents in Education group will be hosting a “Fall Fest” from noon until 3:00.

October 5<sup>th</sup> – Elementary Picture Day – Smile Pretty

October 7<sup>th</sup> – “Emergency Go Home Drill” our students will be released 15 minutes early. (2:45)

October 7<sup>th</sup> – Be on the lookout for five-week report cards coming home.

October 10<sup>th</sup> – Columbus Day – No school

October 12<sup>th</sup> – B.O.E Meeting

### HIGH SCHOOL NEWS

With September under their belts, the students at the high school have settled right into the daily routine. The ELA and Math iReady assessments for 7<sup>th</sup> & 8<sup>th</sup> grade students were given during the weeks of September 19<sup>th</sup> and 26<sup>th</sup>. We look forward to seeing the baseline results for the students.

The week of October 4<sup>th</sup> we started running our BASIC list. This program is to help keep students on track for their academic success, while also another means of communicating with parents.

The Student Council kicked-off Homecoming Weekend with a Pep Assembly on Thursday, September 22<sup>nd</sup> during an Activity Period. It was really great having all the high school students together supporting the student athletes.

We had some annual field trips this month which the students always look forward to. The 11<sup>th</sup> graders went to Letchworth State Park on Friday September 23<sup>rd</sup> and the 9<sup>th</sup> graders went to Watkins Glen State Park on Friday September 30<sup>th</sup>.

Progress reports will be coming home the week of October 4<sup>th</sup> so be looking for those from your students. Also, we will have the annual “Go home early” drill on Friday October 7<sup>th</sup> with dismissal time at 2:45pm and don’t forget there is no school on Monday October 10<sup>th</sup> for Columbus Day.

## IMPORTANT SCHOOL PICTURE DATES TO REMEMBER:

**October 5<sup>th</sup>** - Fall Picture Day for all J-T Students & Staff

Parents can preorder online at <https://inter-state.com/order> and use the following Order Codes:

HIGH SCHOOL: 70315WF

ELEMENTARY SCHOOL: 71225FF

**November 30<sup>th</sup>** – Fall Picture Retake Day

**November 30<sup>th</sup>** – Elementary School Club/Group Pictures

**January 11<sup>th</sup>** – High School Club/Group Pictures

**January 11<sup>th</sup>** – Senior Cap/Gown & Formal Pictures



### **J-T Yearbook - Krispy Kreme Doughnut Fundraiser**

All students in grades K-12 will have the opportunity to earn a **FREE** yearbook or **50% off** one yearbook depending on how many boxes sold. The pre-sale dates are October 3<sup>rd</sup> - October 31<sup>st</sup> with all order forms and money due no later than November 1<sup>st</sup>. Doughnuts will be delivered on November 11<sup>th</sup> with pick-up times between 1:00 pm – 3:00 pm at the high school (Greenwood Campus). Please watch for packets to come home with your child.

Any questions, please contact Amy Aldrich or Alexis Devine at the high school.

2022-2023 J-T Yearbooks are now on sale!

Reserve your copy today.

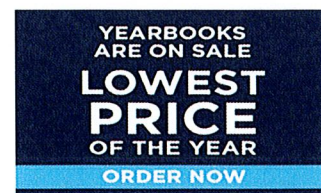
New year. New yearbook. Hold on to every memory the school year has to offer, all in one book. Cost is \$45 plus tax

To order, go to: [Jostensyearbooks.com](http://Jostensyearbooks.com)

If paying by check, send in your payment (make sure to include the 8% sales tax) along with the order form to Mrs. Aldrich at the high school. Make checks payable to: **J-T Yearbook**

Thank you for your support!

J-T Yearbook Staff



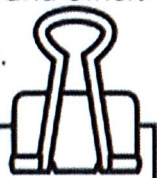


# OCCUPATIONAL THERAPY NEWSLETTER

## WELCOME TO OT!

### HOW CAN OCCUPATIONAL THERAPY (OT) HELP MY CHILD?

- Occupational Therapy Practitioners are highly trained healthcare professionals that evaluate and assist children that are having difficulty participating in meaningful activities or "occupations" that are needed to conduct their daily routines and live their life to the fullest.
- For a child this may include the development of life skills such as learning at school, playing, completing self-care tasks, relating to others, and fulfilling their role as a family member.
- In the schools, Occupational Therapy Practitioners address the needs of students experiencing delays, disabilities, or health challenges through therapeutic intervention to promote skill advancement, the use of compensatory strategies, adaptations to the child's equipment and environment, and/or modifying the curriculum or activity.
- Occupational Therapy Practitioners also collaborate with teachers, parents and others to identify and modify barriers that restrict a child's success and model strategies for others to use that will extend the benefits of direct intervention.



### WHY WOULD MY CHILD BE REFERRED TO OT?

- Fine Motor Difficulties: Holding crayons, pencils and other small objects, stringing beads, using clothing fasteners, manipulating toys.
- Eye-hand Coordination Difficulties: Scissor use, puzzles, ball skills.
- Visual Motor Delays: Printing, drawing, forming shapes, coloring.
- Visual Perceptual Delays: Sorting, matching, figure ground, scanning, letter reversals.
- Self-Care Delays: Dressing, feeding, using utensils, tying, bathing & shampooing, grooming.
- Sensory Processing Difficulties: Delays in adaptive responses to sights, sounds, movement, taste, touch.
- Decreased Strength: Manipulating resistive materials, moving against gravity, sustaining body positions.
- Decreased Range of Motion: Limits in moving arms, fingers, legs, head, or other body parts.
- Social Difficulties: Interacting with others, following routines.



Jasper-Troupsburg CSD  
3769 State Route 417  
Jasper NY 14855

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
HORNELL, NY 14843
PERMIT NO. 23

### CAFETERIA NEWS

*While the temperatures cool and the leaves begin to fall, the cafeteria crew at the elementary and high school are cooking up delicious meals! We're thrilled to be able to offer many favorite items once again and hope that supply chain issues will not be as much of a challenge this year as they were last.*

*We'd like to remind families that ALL JT students are eligible for free breakfast AND lunch. Students in the high school are encouraged to stop by the cafeteria to see what's available - there are always breakfast sandwiches and we also offer breakfast pizza, cinnamon rolls, mini waffles, smoothies, and more on a regular basis. We'll also be trying out some different items at lunch and continuing our support for NY farms and agricultural businesses by having a NY Menu Day each month so be sure to check out our menus!*

*We look forward to seeing - and feeding! - as many JT students as possible.*



The School Physician will be available at the Jr/Sr High School to complete student physicals the morning of October 17th. If your child needs a physical, and you would like it to be completed by the School Physician, please contact Mrs. Leach by October 13th.

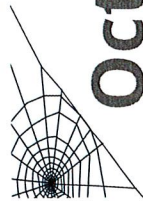
It's that time of year again! JT FFA's annual fruit, cheese, and sausage sales start October 7<sup>th</sup> and end November 7<sup>th</sup>. Please see an FFA member, or contact Geoff Havens or Mikalene Bullock at the high school, (607) 792-3690, to place an order. Orders will be delivered before Christmas break. We thank you for all of your continued support!

**High School Building**  
2661 State Route 248  
Greenwood, NY 14839  
607-792-3690

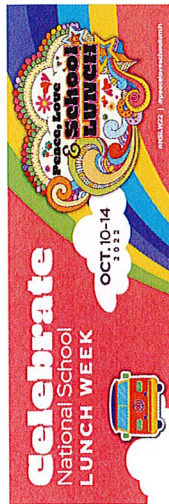
**District Office**  
2661 State Route 248  
Greenwood, NY 14839  
607-792-3675

**Elementary School Building**  
908 State Rt 36  
Troupsburg, NY 14885  
607-525-6301





# October 2022



## JASPER-TROUBSBURG ELEMENTARY SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
3 Crispy Chicken Tender Sub Tuna Salad Sandwich Sliced Carrots	4 Meat Taco w/Rice Tuna Salad Sandwich Golden Sweet Corn Baked Beans	5 Cheese Ravioli & Marinara Sauce w/Bread Tuna Salad Sandwich Green Beans	6 Toasted Cheese Sandwich Tuna Salad Sandwich Steamed Broccoli Hot Tomato Soup Fresh Cucumber Slices!	7 Pizza Dunkers w/Marinara Sauce w/Bread Tuna Salad Sandwich Fresh Baby Carrots
10 <div> </div>	11 Chicken Quesadilla w/Rice Egg Salad Sandwich Golden Sweet Corn Baked Beans	12 Baked Mozzarella Sticks w/Pasta & Sauce Egg Salad Sandwich Green Beans	13 Chicken Teriyaki w/Rice Egg Salad Sandwich Steamed Broccoli Fresh Pepper Strips!	14 Cheese Pizza Pepperoni Pizza Egg Salad Sandwich Fresh Baby Carrots
17 <div> </div> Chicken & Waffles Ham & Cheese Sandwich Sliced Carrots NY Seasoned Roasted Potatoes	18 Meat Nacho Grande w/Rice Ham & Cheese Sandwich Golden Sweet Corn Baked Beans	19 NY MENU DAY! NY Macaroni & Cheese Made with Great Lakes Cheddar! & Bread Fresh NY Kale & Apple Salad Fresh NY Seedless Grapes! NY Apple Cider! Chilled NY Milk	20 Italian Meatball Sub Ham & Cheese Sandwich Green Beans Fresh Cucumber Slices!	21 Ultimate Cheese Breadstick w/Marinara Sauce Ham & Cheese Sandwich Fresh Baby Carrots
24 Mini Waffles w/Sausage Turkey & Cheese Sandwich Sliced Carrots	25 Chicken Soft Taco w/Rice Turkey & Cheese Sandwich Golden Sweet Corn Baked Beans	26 Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Turkey & Cheese Sandwich Green Beans	27 NY Hot Dog on a Roll Turkey & Cheese Sandwich Oven Fries Steamed Broccoli Fresh Pepper Strips!	28 Cheese Pizza Pepperoni Pizza Turkey & Cheese Sandwich Fresh Baby Carrots
31 Crispy Chicken Tender Sub Tuna Salad Sandwich Sliced Carrots	<div> </div>	<div> <p>JOIN US FOR NY MENU DAY!</p> <p>See menu above for details</p> <p>Make Online Payments at <a href="https://payforit.net/">PayForIt.net!</a></p> </div>	<div> <p>What is Apple Crunch Day?</p> <p>Schools across the U.S. show their support for fresh, local produce by crunching into an apple on Apple Crunch Day @ 2 pm.</p> <p><a href="https://farmon.org/big-apple-crunch/">https://farmon.org/big-apple-crunch/</a></p> <p>#BigAppleCrunch</p> </div>	<div> </div>

### DAILY ENTREES

PBJ Sandwich  
Chef Salad w/Bagel  
NY Yogurt & Cheese Stick w/Bagel  
T/Th: Cheese Pizza  
W/F: Chicken Nuggets w/Bread

### DAILY SIDES

Tossed Salad  
Fresh Vegetables  
Assorted Fruit  
100% Fruit Juice  
Chilled NY Milk

### PRICING

Breakfast & Lunch: \$0.00  
Milk/Ala Carte Sides: \$0.75  
Snacks: \$0.50-\$1.30  
NOTE: Every J-T student receives 1 breakfast & 1 lunch at no charge per school day. Each breakfast & lunch must be a COMPLETE REIMBURSABLE MEAL, or student will be charged ala for each item on their tray.

### BREAKFAST MENU

Monday: Cereal & Oatmeal Bar  
Tuesday: Cinnamon Roll  
Wednesday: Mini Waffles  
Thursday: Breakfast on a Stick  
Friday: Muffin Top & Goldfish Graham  
Daily Items: Asst. Fruit, 100% Fruit Juice & Chilled NY Milk

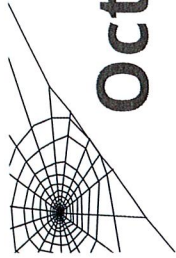
## wake up!

### School Breakfast

This institution is an equal opportunity employer & provider.

Contact the Food Service Office if you have any questions, comments or concerns. We can be reached by phone at (607) 792-3675 or go to the School District Website Food Service Page & click on the Contact Us Button to fill in and submit your








# October 2022



## JASPER-TROUBSBURG MIDDLE & HIGH SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
3 Crispy Chicken Tender Sub Chicken BLT Salad w/Bread Choice Sliced Carrots	4 Meat Tacos w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Baked Beans	5 Cheese Ravioli & Sauce w/Bread Chicken BLT Salad w/Bread Choice Green Beans	6 Toasted Cheese Sandwich Buffalo Ranch Melt Chicken BLT Salad w/Bread Choice Hot Tomato Soup Steamed Broccoli <b>Fresh Cucumber Slices!</b>	7 Pizza Dunkers w/Marinara Sauce Crispy Fish Filet Sandwich Chicken BLT Salad w/Bread Choice <b>Fresh Baby Carrots</b>
10 	11 Chicken Quesadilla w/Rice Buffalo Ranch Wrap Golden Sweet Corn Baked Beans	12 Baked Mozzarella Sticks w/Pasta & Sauce Buffalo Ranch Wrap Green Beans	13 Chicken Teriyaki w/Rice Buffalo Ranch Wrap Steamed Broccoli <b>Fresh Pepper Strips!</b>	14 Authentic Pulled Pork Sandwich Crispy Fish Filet Sandwich Buffalo Ranch Wrap Sliced Carrots
17 Chicken & Waffles Chicken BLT Salad w/Bread Choice Sliced Carrots <b>NY Seasoned Roasted Potatoes</b>	18 Meat or Bean Nacho Grande w/Rice Chicken BLT Salad w/Bread Choice Golden Sweet Corn Baked Beans	19 <b>NY MENU DAY!</b> <b>NY Macaroni &amp; Cheese Made with Great Lakes Cheddar! &amp; Bread</b> <b>Fresh NY Kale &amp; Apple Salad</b> <b>Fresh NY Seedless Grapes!</b> <b>NY Apple Cider!</b> <b>Chilled NY Milk</b> 	20 Italian Meatball Sub Chicken BLT Salad w/Bread Choice Green Beans <b>Fresh Cucumber Slices!</b>	21 Ultimate Cheese Breadstick w/Marinara Sauce Crispy Fish Filet Sandwich Chicken BLT Salad w/Bread Choice <b>Fresh Baby Carrots</b>
24 Mini Waffles w/Sausage Buffalo Ranch Wrap Sliced Carrots	25 Philly Cheese Steak Sub Buffalo Ranch Wrap Steamed Broccoli Oven Fries	26 Pasta w/Meatsauce & Cheese Pasta w/Marinara Sauce & Cheese Buffalo Ranch Wrap Green Beans	27 <b>Big Apple Crunch Day! BURRITO BARI!</b> <b>Made to Order Burrito or Rice Bowl</b> Buffalo Ranch Wrap Baja Black Beans Golden Sweet Corn <b>Fresh Pepper Strips!</b>	28 Homestyle Chicken Bowl w/Bread Buffalo Ranch Wrap Sliced Carrots
31 Crispy Chicken Tender Sub Chicken BLT Salad w/Bread Choice Sliced Carrots <b>HAPPY HALLOWEEN!</b>	<b>Make Online Payments at <a href="https://payfort.net/">PayFort.net!</a></b>	<b>JOIN US FOR NY MENU DAY!</b> <b>See menu above for details</b>	<b>What is Apple Crunch Day?</b> Schools across the U.S. show their support for fresh, local produce by crunching into an apple on Apple Crunch Day @ 2 pm. <a href="https://farmon.org/big-apple-crunch/">https://farmon.org/big-apple-crunch/</a> <b>#BigAppleCrunch</b> 	

**Come celebrate National School Lunch Week with us! It's a great time to give our lunch & breakfast a try!**

### DAILY ENTREES

PBJ Sandwich  
 Chef Salad w/Bread Choice  
 NY Yogurt & Fruit Parfait w/Bread Choice  
 Assorted Wraps & Sandwiches  
 Assorted Pizza  
**Mon/Wed:** Baked Crispy Chicken Sandwich

### DAILY SIDES

Tossed Salad  
 Fresh Vegetables  
 Assorted Fruit  
 100% Fruit Juice  
 Chilled NY Milk

### PRICING

**Breakfast & Lunch:** \$0.00  
**Milk/Ala Carte Sides:** \$0.75  
**Snacks:** \$0.50-\$1.30  
**NOTE:** Every J-T student receives 1 breakfast & 1 lunch at no charge per school day. Each breakfast & lunch must be a COMPLETE REIMBURSABLE MEAL, or student will be charged ala for each item on their tray.

### BREAKFAST MENU

**Monday:** Cinnamon Roll  
**Tuesday:** Breakfast on a Stick  
**Wednesday:** Breakfast Pizza  
**Thursday:** Mini Waffles  
**Friday:** Breakfast on a Stick  
**Daily Items:** Breakfast Sandwich, Muffin Tops, Bagel, Cereal, Oatmeal Bars, Smoothies (T/TH), Asst. Fruit, 100% Fruit Juice & Chilled NY Milk

This menu is subject to change with out advance

Contact the Food Service Office if you have any questions, comments or concerns. We can be reached by phone at (807) 792-3675 or go to the School District Website Food Service Page & click on the Contact Us Button to fill in and submit your

This institution is an equal opportunity employer & provider.

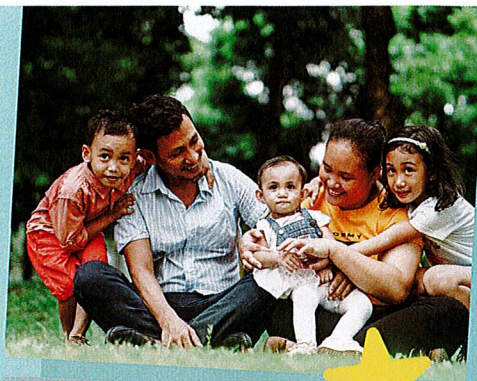




New York State Education Department  
Office of Special Education  
Educational Partnership

# POSITIVE SOLUTIONS

FOR FAMILIES



JOIN US

6PM-8PM

ONLINE VIA ZOOM

5 SESSIONS HELD ON TUESDAY'S

OCTOBER 25

NOVEMBER 1

NOVEMBER 15

NOVEMBER 29

DECEMBER 6

COME LEARN WITH US

Now more than ever before, parenting is difficult. Many parents struggle with feeling that they could be doing more to support their children. Join us for an evidence based training that will help parents, and those working with parents, to promote positive social and emotional development and address challenging behaviors in young children (birth through early elementary age).

REGISTER AT:

[HTTPS://WWW.EVENTBRITE.COM/E/POSITIVE-SOLUTIONS-TICKETS-422663356477](https://www.eventbrite.com/e/positive-solutions-tickets-422663356477)

