

JASPER-TROUPSBURG

2019-20
ATHLETIC HANDBOOK



PHILOSOPHY OF THE INTERSCHOLASTIC ATHLETIC PROGRAM

The Jasper-Troupsburg Central School District Interscholastic Athletic Program is a natural extension of the high school curriculum that provides activities for the growth and development of our students. The program includes experiences in human relations as well as opportunities for developing each student physically and emotionally.

We view the Interscholastic Athletic Program as a very important part of education.

At Jasper-Troupsburg Junior-Senior High School, we believe that the interscholastic athletic program contributes significantly to preparing our students for becoming productive, contributing citizens of our community and society. A comprehensive program of athletic activities expresses our commitment to ensure the development of physical fitness and personal health, the acquisition of competent performances, and the achievement of excellence in the student's chosen sport.

In addition, our aim is to develop a student with an improved self-image, the ability to learn a new skill, and an intrinsic motivation for growth and development. We want to see a student who will demonstrate a willingness to accept responsibility for his/her actions, measure him/herself against standards of quality, express ideas and solutions to problems, and value fair play, honesty, and cooperation.

Participation in the athletic program is a privilege one in which a student-athlete enters into voluntarily. It is understood that with the privilege comes responsibility to one's self, one's team, and one's school. Continued involvement in the athletic program is contingent upon dedication, hard work, respect, and a commitment to the academic and athletic programs.

COMPLIANCE

The Jasper-Troupsburg Interscholastic Athletic Program will comply with all regulations as stated in the Handbook established by the New York State Public High School Athletic Association. These include Regulations set forth by the Commissioner of Education. Jasper-Troupsburg will also comply with any regulations that may be set forth by Section V or the Steuben County League.

**** PRE-SEASON MEETING ****

In order for students to participate in the athletic program at Jasper – Troupsburg Jr./Sr. High School, all students and their parent/guardian must attend a **Pre – Season** meeting with the Athletic Director to review the Athletic Handbook and policies pertaining to athletics.

**** Concussion Management Program ****

In order for students to participate in the athletic program at Jasper – Troupsburg Jr./ Sr. High School, all students-athletes will undergo a baseline examination for cognitive ability using the ImPACT system.

LEVELS OF PLAY FOR ATHLETES

Athletes participating in sports are expected to play at the level appropriate for their grade, age, and ability. Varsity coaches will serve as the heads of their respected programs. The head coach, along with other coaches within their sport, will determine the appropriate level of play for student-athletes. When appropriate, the Director of Athletics may be consulted to determine an appropriate level of play for an athlete.

Modified

This level of play is primarily for seventh and eighth grade students. Ninth grade students may play on a modified team if it is appropriate for the student to play at the modified level and league rules allow for such participation. The coach and Director of Athletics shall determine the size of a team.

The purpose of a modified program is to have:

1. sportsmanship promoted as a function of the athletic experience;
2. coaches focusing on the fundamentals of the sport, and the experience for the athlete learning the game;
3. participation being promoted, with all athletes expecting playing time. The goal for the coach when considering playing time for each athlete is 50% of a contest, although this may not always be possible for every contest;
4. the experience of competing, and exploration of the sport being more important at this level than winning.

Junior Varsity

This level of play is primarily for students in grades 9 and 10. Juniors who are not capable of varsity play may be recommended by the Varsity coach to play JV. Teams may be limited in size as determined by the coach.

The purpose of a JV program is to have:

1. sportsmanship promoted as the primary goal of the program;
2. an emphasis on individual and team development;
3. participation based on competition for playing time. While adequate playing time for all athletes is an important goal, team members may not receive equal playing time;
4. an increased emphasis on winning;
5. preparation of the athletes and the team to compete at the Varsity level.

Varsity

This level of play is primarily for students in grades 11 and 12. Students in grades 9 & 10 are eligible and may be selected for a varsity team if their level of play is consistent with the expectations of the Varsity coach. Teams may be limited in size as determined by the coach.

The purpose of a Varsity program is to have:

1. sportsmanship displayed at all times;
2. playing time that is earned, not granted;
3. winning as one of the goals;
4. athletes showing a commitment to the team, and teamwork expected from varsity athletes. These athletes serve as role models for younger athletes.

Athletic Placement Process (APP)

The Athletic Placement Process junior high students to try out for an athletic team above the current grade placement. The APP is a comprehensive evaluation of a student athlete's emotional and physical maturity (including height and weight); as well as athletic abilities, physical fitness, and sport-specific athletic skill in relationship to other student athletes at that level.

Under normal circumstances, a student is eligible for senior high school athletic competition in a sport for only four consecutive seasons, beginning with the student's entry into the ninth grade. However, by meeting the Athletic Placement Process requirements established by NYSED, your child's eligibility can be extended to permit:

- a) Participation during five consecutive seasons in the approved sport after entry into the eighth grade; for team sports; or
- b) Participation during six consecutive seasons in the approved sport after entry into the seventh grade, for individual sports.

Seventh graders will only be allowed to test up for the JV level for team sports such as soccer, basketball, cheerleading, or baseball. A 7th grader will only be able to test up for Varsity sports if they are considered individual sports, such as track, wrestling, and cross country.

Physical maturity is determined by the district medical director during a physical exam, one part of which uses the Tanner Scale. Upon passing this medical clearance, the student may proceed to the physical fitness and skill assessments as administered by the high school PE teacher. Upon successful completion of these physical fitness components, the athlete becomes eligible to try out for a JV or Varsity team as a junior high student. At the end of the third practice, the higher level coach and Director of Athletics will determine the appropriate placement of the athlete. Once a student is accepted as a member of the team, he/she cannot return to a lower-level team (modified) in that sport in that season. Remember, at the higher level of play your child will be exposed to the social atmosphere that is common among older students in a high school environment. Therefore it is important that all parties involved take into account the student athlete's ability to handle the additional demands socially and academically, as well as physically.

The APP was designed for mature and exceptionally skilled students to advance to an upper level and less developed students to participate at an appropriate lower level that is suited to their development and ability. The program is not to be used to fill positions on teams, provide additional experience, provide a place for junior high students when no modified program is offered, or to reward a student. It is aimed at the few select students who can benefit from such placement because of their level of readiness. It will also be fairer to the other students on the modified teams.

- Academic infractions may include, but are not limited to: incomplete or inadequate assignments, low quality class or homework, low quiz or test scores, unsatisfactory classroom participation, etc.
- B. Teachers will accept work until the end of the day on Friday or the last day of the school week. Teachers will turn in a list of students not doing satisfactory work to the office by 8:00 A.M. each Monday. The principal will post the B.A.S.I.C. list in hallways by 12:00 noon on Monday.
 - C. The duration of B.A.S.I.C. will run Monday 12:00 p.m. to the first day of the next school week at 12:00 p.m. See B.A.S.I.C. for more details. Students who are on B.A.S.I.C. will remain on the list for the duration of one week with no exceptions.
 - D. Students may also be placed on the B.A.S.I.C. List by the principal as a consequence for inappropriate behavior during the school day.
 - E. Student-Athletes who are placed on B.A.S.I.C. will be required to contact their teachers for the subjects that they are on the list and secure work to be done during the first 30 minutes of practice after school every day throughout the week. Students who are INELLIGIBLE under B.A.S.I.C. guidelines will be permitted to practice, but will not be allowed to participate in contests.

11. Chemical Health

Significant findings in health research have confirmed the undesirability of using tobacco, alcohol, marijuana, and other controlled substances. Unfortunately, education and reasoning alone are not always sufficient to deter youngsters from the use of those substances. Therefore, the school must deal with its students who fail to abstain.

A. First Offense

Serious accusation of a **first offense** involving possession of, or documented use of tobacco, smokeless tobacco, marijuana, alcohol, or other controlled substances, or being in the presence of illegal possession/consumption of the aforementioned substances during any season of participation will result in the accused meeting with a the Athletic Advisory Committee, consisting of the Director of Athletics, principal, guidance counselor, and/or school nurse. The coach of the sport may also be asked to be a member of the committee. If the student is found to be guilty, strict penalties will be imposed.

Penalties for a **First Offense** are as follows:

1. Student will serve a **60** day suspension from the sport. If the sport has less than 60 days left in the season, the athlete will finish the suspension during the season immediately following the season in which the violation occurred. The 60 days will count days that fall within the dates of any particular sport season. Therefore, down-time between sport seasons will not count toward the 60 days. If the infraction occurs with less than 60 days remaining during a spring sport, the suspension will carry over to the first sport season that the athlete participates in during the next school year. Within one day of the hearing, the Director of Athletics will provide in writing to the athlete the date that the athlete will be able to resume participation in a sport.
2. Students found to be in violation of the chemical health policy in regards to illegal substances will be required to pass a drug screening before returning to any sports team. The screening shall be administered by a licensed physician at the expense of the parent or guardian.

B. Second Offense

Serious documented accusations of a **second offense** of the chemical health policy by the same student during the same or any subsequent period of eligibility will result in the offending student meeting again with the Athletic Advisory Committee. If the student is found to be guilty, more stringent penalties will be imposed.

Penalties for a **Second Offense** are as follows:

1. Student will be suspended from all interscholastic athletics for the period of **ONE YEAR**. The suspension will begin the day of the hearing and end one year from that particular date.
2. Students found to be in violation of the chemical health policy in regards to illegal substances will be required to pass a drug screening before returning to any sports team. The screening shall be administered by a licensed physician at the expense of the parent or guardian.

C. Third Offense

Serious documented accusations of a **third offense** of the chemical health policy by the same student during any subsequent period of eligibility will result in the offending student meeting again with the Athletic Advisory Committee. If the student is found guilty, a no tolerance penalty will be imposed.

Penalties for a **Third Offense** are as follows:

Student will be **BANNED** from all interscholastic athletics for the duration of their high school career. The banishment will begin the day of the hearing and continue through graduation or until the student is no longer enrolled at Jasper-Troupsburg.

NOTE: At the conclusion of any hearing held by the Athletic Advisory Committee, such Committee shall prepare its finding of fact and determination of penalties within one (1) school day of the conclusion of such Hearing, it will provide this information to the student, and shall file the same with the Superintendent.

D. Appeal Process

Students have the right to appeal the decision of the Athletic Advisory Committee to the Superintendent (in writing, within five (5) school days) for review of the procedures, findings, and penalties imposed by any Hearing Committee. If the appeal is granted, an Appeal Committee, chaired by the Superintendent or his designee and consisting of four or more of the following (excluding members who served on the Hearing Committee), will consider the matter and issue a written report:

1. Administrative Assistant
2. Elementary Principal
3. Members of the Board of Education (non-related)
4. Substance Abuse Committee Members
5. Other Coaches/Activity Advisors

Such Appeal Committee convened by the Superintendent shall have the authority to confirm the findings of fact and penalty of the Hearing Committee, or make its own findings of fact and decision concerning the penalty. Any student that believes he/she was adversely affected by such a final decision of the Superintendent's Committee may appeal the findings of fact and penalty to the Board of Education (in writing and within five (5) school days). The Board of Education will meet as soon as reasonably possible after filing such appeal to review the case and either confirm the Superintendent's Committee's decision or modify the same, as the Board of Education shall deem appropriate.

12. Participation

Students will be permitted to participate in only one interscholastic sport per season. Those who quit one team to join another team, or join a team that has competed in the first scheduled contest, must have the approval of the Director of Athletics.

13. Eligibility

No boy or girl may participate in an interscholastic sports activity (including try-outs and practices):

1. Until a Pre-season Health Update form has been filed with the school nurse,
2. Until the student receives a physical examination from the school physician,
3. Without abiding by all the regulations set forth in the NYSPHSSA handbook,
4. Following an injury that requires a physician's care, until a doctor's release form (countersigned by a parent) is presented to the school nurse,
5. Until uniforms and/or equipment from previous participation are returned or arrangements made to pay for such equipment with five (5) days following the completion of a sport.

14. Awards

Aside from the personal satisfaction achieved by student-athletes through competition, the district also feels it is important to recognize student-athletes for their participation in its many sports programs. The awards and criteria are as follows:

1. An athlete earns a Varsity letter after he/she has completed at least one season at the varsity level in which he/she has played at least 50% of the time. If a question arises concerning an individual athlete, coach's discretion will come into play.
2. When a student is first eligible for more than one letter, he/she will receive a sports pin for the second sport.
3. If a student already has a letter and a sports pin, he/she will receive a service bar.
4. For a senior to be eligible for a Senior Award, he/she will have had to have played varsity sports for three seasons in each of three years.

Detach this form and return to the coach



Jasper-Troupsburg Athletics

Consent Form

(STUDENT)

Name of Student-Athlete _____ Year _____

As a student-athlete participating voluntarily in interscholastic athletics at Jasper-Troupsburg, I understand that:

1. I will abide by the Jasper-Troupsburg's code of Conduct, the school's Athletics Handbook, and the coach's team rules, and the laws of the N.Y.S.P.H.S.A.A. and Section V.
2. I will conduct myself in an exemplary social manner at all times.
3. I will be responsible for all athletic equipment issued to me throughout the season, will return such equipment at the conclusion of the season, and pay the current replacement cost for any of the equipment not accounted for by me at the end of the season.
4. I will not use or be in possession of tobacco, alcohol, or narcotics. If I do use any of these substances, or am in possession of such substance, or suspended from school for use of possession of these substances, I will be subject to disciplinary action as outlined in the handbook.
5. I will be dropped from the team and receive no award should I be suspended from school for gross misbehavior (i.e., student code of conduct violations).

I know what is expected from an athlete who represents the Jasper-Troupsburg Central School District, and I am prepared to so distinguish myself.

Student Signature: _____ Date _____

(PARENT)

As the parent/guardian of _____, I have reviewed the Rules and Regulations of the Jasper-Troupsburg Athletic Handbook and understand that academics in school and safety of student-athletes are an integral part of interscholastic athletics. Therefore, I understand the importance of rules enforcement by the Administrative and coaching members of the J.T. Athletic Program. I also realize that participation in athletic activities could result in serious injury, paralysis, or even death and that as a parent, I am a part of a team with the school to ensure that safety will be the main goal of all persons involved.

Parent Signature: _____ Date _____

